



COMPETITION RULES

2023

Registration

1. Only registered players named on the team's nomination form can play for the team, and any goals scored by a non-registered player will not count towards the team score and will be disallowed.
2. Players can only be registered in one single team and only play in **one competition division per age group**.
3. Any substitute or fill-in players need to be registered within the LSC Comp for insurance purposes.
4. Players are only to play within their designated registered team and division unless prior consent has been given by LSC 5-A-Side Admin.

Substitute Players & Substitutions:

1. Unlimited substitutions can be made during the game.
2. Outgoing substitutes must leave the field of play before the replacement enters the playing area. If a team momentarily has too many players on the field when making a substitution and play is affected, the referee may award an indirect free kick and caution any offending players.
3. Substitutes must stand outside the pitch perimeter and spectators must not enter the field of play under any circumstances.
4. Teams may change their goalkeeper if the ball is 'dead' and the referee has authorised the change of goalkeeper.
5. Teams may make a substitution whilst the ball is in play, but only if they do not do so to gain an advantage (i.e. if the substitute runs on and is in a position to immediately tackle a player and the outgoing player was not)
6. Players must notify the referee if they do not have sufficient players (5) to make up their team and wish to borrow any substitute players.
7. Teams may only borrow players from a lower division eg. Division 1 borrows from Division 2.

Team Formation:

1. U6 & U7 play in a 4-a-side format on a modified-sized field. This is inclusive of 4 outfield players and no goalkeeper.
2. U8 and all age groups upwards play in a 5-a-side format which is inclusive of four (4) outfield players and one (1) goalkeeper.
3. We operate a flexible squad system. Teams may use as many of their registered players as they wish during the season, however only 8 players may be used in any one match.



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Player Equipment:

1. Shin pads are compulsory for all players in all age groups. Referees will refuse to allow players to play without shin pads.
2. The wearing of any form of jewelry, watch, fit bit device etc is not permitted during play.
3. All team members must wear the same 'primary coloured' shirts (no shirt numbers required) except for the goalkeeper.
4. Players are not permitted to wear hats whilst playing (with the exception of the goalkeeper).

Age Groups:

1. The age group for a player is based on the oldest age they will be at any point in time during the calendar year. e.g. A player who turns 8 during the calendar year is only eligible for Under 8 or older. They are not eligible for Under 7.

Complaints & Feedback:

1. Players and/or teams with a valid complaint against a match official must be put in writing within 48 hours of the match finishing. The complaint must be emailed to admin@lindfieldsportscentre.com.au, complaints by phone or in person will not be accepted.
2. Feedback in relation to the running and management of the competition is always welcome. Surveys will be conducted regularly for general feedback, however players and teams are encouraged to email LSC to provide more specific feedback: admin@lindfieldsportscentre.com.au